



CHOOSE YOUR OPTION, THEN SELECT FROM THE COURSE CHOICES BELOW:

DUE 2/14/20

___ **OPTION 1: ALL SEMESTER-LONG COURSES** - Choose all elective courses from the "Semester-Long Course List"

RANK your preferences from 1-5, where 1 = first choice - 5 = alternate course

___ **OPTION 2: ONE YEAR-LONG COURSE** - Choose 1 course from the "Year-Long Course List" and RANK your semester long course choices from the "Semester-Long Course List" from 1-5, where 1 = first choice - 5 = alternate course

SEMESTER-LONG COURSE LIST

___ **CHORUS:** Students will learn vocal techniques, how to match pitch, sing standard choral repertoire, several genres of music, and music theory.

___ **DANCE:** Education in the art of dance develops the knowledge and skills required to create, perform, and understand movement as a means of artistic communication. Students will be exposed to dance history and cultures, anatomy, and movement theories that further enriches the dance educational experience. Students will also stretch and condition the body on a regular basis.

___ **ART:** In this course students will be exploring visual art through the Elements and Principles of Design. Students will be provided opportunities to develop artistic skills and techniques. This course will also develop skills needed to analyze and interpret the social and cultural influences in art as well as the expressive, technical, and formal properties of art.

___ **FITNESS:** Students will learn a variety of exercises in the Fit Lab. We will focus on form and muscle identification. Students will be asked to keep Nutrition Logs and analyze how to make healthier choices. We will also learn about the components of fitness and the importance of each category. Students will regularly use heart rate monitors during class and we will analyze their performance using the data provided. Student will also be challenged to participate in physical activity at home with a parent/guardian.

Students will analyze their fitness scores and determine areas of improvement. They will then create a personalized fitness plan to implement so they can show areas of improvement. *PREREQUISITE: A or B in Physical Education Class*

___ **INTRO TO OFFICE PRODUCTIVITY:** This course is comprised of a series of instructional modules designed to provide project-based instruction in computer concepts and software applications. The modules covered are advanced word processing, spreadsheets - basic and formulas, and presentation basics and techniques. *PREREQUISITE: Keyboarding*

___ **EXPLORING CAREERS AND EMPLOYMENT:** Students will spend time understanding how the world of work and how it changes, the skills needed for employment success and the techniques used to search for a job.

___ **BUSINESS PROCEDURES AND LEADERSHIP:** Students will learn about proper business etiquette and ethical behavior in the workplace. They will study what good teamwork and leadership looks like in a business environment.. They will also begin learning skills for getting their own first job by writing resumes, completing job applications and practicing interviews.

___ **LEADERSHIP & PROBLEM SOLVING 2:** Students work independently and with partners on long term problem projects based on real world current issues like the water crisis, homelessness, climate change, social media, mental health, etc. This class is designed to prepare you for high school, you will be expected to complete long term research projects and present your findings to the class.

___ **PLTW: APP CREATORS:** Have you ever wondered how mobile apps are created?

Students learn and apply computational thinking and technical knowledge and skills to create mobile apps. Students also acquire and apply skills pertaining to the design process, problem solving, persistence, collaboration, and communication. Go beyond being an app consumer and become an app creator! *PREREQUISITE: PLTW: Automation and Robotics*

___ **PLTW: COMPUTER SCIENCE DISCOVERIES:** This course covers topics such as programming, physical computing, HTML/CSS, and data. Students will be empowered to create authentic artifacts and engage with computer science as a medium for creativity, communication, problem solving, and fun.

___ **DRAMA (TENATIVE OFFEREING) :** In this class, students will be introduced to the basic concepts of theatre arts. Students will use various creative drama techniques to build confidence and trust, stimulate imagination, movement, and role-play.

YEAR-LONG COURSE LIST (OPTION 2 ONLY)

___ **BAND:** Band classes are open to students who desire to learn to play band instruments. Students will receive guidance in techniques for producing proper tone, pitch, rhythm, posture, dynamics, and performance at different levels. Band is also a class designed to help build self-esteem (achievement), cooperation (playing in an ensemble), and life skills (practice, study, commitment) through the discipline of learning to play an instrument. *PREREQUISITE: 7th grade Band*

___ **ORCHESTRA:** Orchestra classes are open to students who desire to learn to play violin, viola, cello, or bass. Students will receive guidance in techniques for producing proper tone, pitch, rhythm, posture, dynamics, and performance at different levels. Orchestra is also a class designed to help build self-esteem (achievement), cooperation (playing in an ensemble), and life skills (practice, study, commitment) through the discipline of learning to play an instrument. *PREREQUISITE: 7th grade Orchestra*

___ **SPANISH 1 - PART B** - The second part of Spanish 1 for high school credit. *PREREQUISITE: Took Spanish 1-Part A in 7th Grade*

___ **VIRTUAL FOREIGN LANGUAGE** - high school level courses offered online through NC Virtual Public Instruction. *PREREQUISITE: A's and B's in courses during 2019-2020 AND completion of application at <http://bit.ly/QHMSNCVPS>*