



CHOOSE YOUR OPTION, THEN SELECT FROM THE COURSE CHOICES BELOW:

DUE 2/14/2020

___ **OPTION 1: ALL SEMESTER-LONG COURSES** - Choose all elective courses from the "Semester-Long Course List"

RANK your preferences from 1-5, where 1 = first choice - 5 = alternate course

___ **OPTION 2: ONE YEAR-LONG COURSE** - Choose 1 course from the "Year-Long Course List" and RANK your semester long course choices from the "Semester-Long Course List" from 1-5, where 1 = first choice - 5 = alternate course

SEMESTER-LONG COURSE LIST

___ **CHORUS:** Students will learn vocal techniques, how to match pitch, sing standard choral repertoire, several genres of music, and music theory.

___ **DANCE:** Education in the art of dance develops the knowledge and skills required to create, perform, and understand movement as a means of artistic communication. Students will be exposed to dance history and cultures, anatomy, and movement theories that further enriches the dance educational experience. Students will also stretch and condition the body on a regular basis.

___ **ART:** In this course students will be exploring visual art through the Elements and Principles of Design. Students will be provided opportunities to develop artistic skills and techniques. This course will also develop skills needed to analyze and interpret the social and cultural influences in art as well as the expressive, technical, and formal properties of art.

___ **FITNESS:** Students will learn a variety of exercises in the Fit Lab. We will focus on form and muscle identification. Students will be asked to keep Nutrition Logs and analyze how to make healthier choices. We will also learn about the components of fitness and the importance of each category. Students will regularly use heart rate monitors during class and we will analyze their performance using the data provided. Student will also be challenged to participate in physical activity at home with a parent/guardian. Students will analyze their fitness test scores and set goals for themselves to show improvement. *PREREQUISITE: A or B in Physical Education Class*

___ **INTRO TO OFFICE PRODUCTIVITY:** This course is comprised of a series of instructional modules designed to provide project-based instruction in computer concepts and software applications. The modules covered are advanced word processing, spreadsheets - basic and formulas, and presentation basics and techniques. *PREREQUISITE: Keyboarding*

___ **EXPLORING PERSONAL CHARACTERISTICS AND CAREERS:** Students will spend time learning about their values, personalities and learning styles. Students will explore various careers and begin thinking about how their own unique characteristics affect career choices.

___ **LEADERSHIP & PROBLEM SOLVING 1:** If you enjoy a challenge, solving puzzles or brain teasers, and like to think outside of the box, then this class is for you. In this class students work in small groups to solve a new problem in every class period including creating a new school schedule, surviving being lost at sea, a zombie apocalypse, designing and building a food truck, etc. Students also work independently on long term problem projects based on real world issues.

___ **PLTW: DESIGN AND MODELING:** Have you ever wanted to create a toy or a device to help people? Students use tools such as the design process, a dynamic mathematics software, a computer-aided design program, computer simulations, an engineering notebook, and possibly a 3D printer to design, model, and build objects. Discover the design process and turn your ideas into realities!

___ **PLTW: SCIENCE OF TECHNOLOGY:** Creamier ice cream, stain-resistant clothing, and solar powered vehicles... Students use tools such as the engineering design process, an engineering notebook, computer simulations, and prototyping materials to invent and innovate. Learn how creative thinking and problem solving can change your world! *PREREQUISITE: PLTW: Design and Modeling*

___ **PLTW: AUTOMATION AND ROBOTICS:** Students use tools such as the engineering design process, an engineering notebook, VEX Robotics®, and programming software to invent and innovate. Learn how creative thinking and problem solving can change your world! *PREREQUISITE: PLTW: Design and Modeling*

___ **DRAMA (TENATIVE OFFEREING):** *In this class, students will be introduced to the basic concepts of theatre arts. Students will use various creative drama techniques to build confidence and trust, stimulate imagination, movement, and role-play.*

YEAR-LONG COURSE LIST (OPTION 2 ONLY)

___ **BAND:** Band classes are open to students who desire to learn to play band instruments. Students will receive guidance in techniques for producing proper tone, pitch, rhythm, posture, dynamics, and performance at different levels. Band is also a class designed to help build self-esteem (achievement), cooperation (playing in an ensemble), and life skills (practice, study, commitment) through the discipline of learning to play an instrument. *PREREQUISITE: 6th grade Band*

___ **ORCHESTRA:** Orchestra classes are open to students who desire to learn to play violin, viola, cello, or bass. Students will receive guidance in techniques for producing proper tone, pitch, rhythm, posture, dynamics, and performance at different levels. Orchestra is also a class designed to help build self-esteem (achievement), cooperation (playing in an ensemble), and life skills (practice, study, commitment) through the discipline of learning to play an instrument. *PREREQUISITE: 6th grade Orchestra*

___ **SPANISH 1 - PART A - HIGH SCHOOL CREDIT:** This fun, interactive Spanish course for students is filled with diverse, multimedia language activities. We will engage in Speaking, Reading, Listening, and Writing activities in order to gain proficiency in Spanish. We will complete task and projects that help you build skills to communicate in a variety of real life context. In addition, we will be exploring the cultural aspects of many of the Spanish speaking countries. *PREREQUISITE: C's or above in all core classes during 2019-2020 school year and must commit to two years of Spanish*

___ **VIRTUAL FOREIGN LANGUAGE** - high school level courses offered online through NC Virtual Public Instruction. *PREREQUISITE: A's and B's in all courses during 2019-2020 AND completion of application at <http://bit.ly/QHMSNCVPS>*